

Board Trustee/Adviser Info Pack

Introduction to stormbreak (stormbreak.org.uk)

Thank you for your interest in becoming a Board Trustee or Advisor to stormbreak, a charity registered in England and Wales (No 1182771) that supports children's mental health through working with trusted adults and children to embed mentally healthy movement every day for every child.

Stormbreak's vision is:

to embed mentally healthy movement programmes and services that reach and help every child requiring support at a preventative level through education, health and social sectors. **and**

to support trusted adults that live with, work with, care for and support children recognise, respond and regulate their mental health through movement now and in the future.

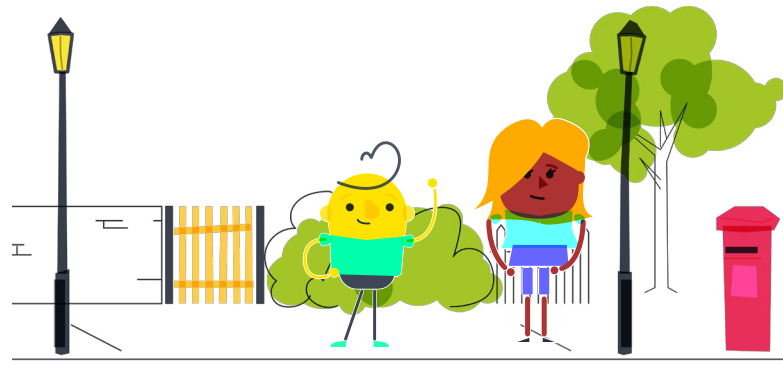
Stormbreak was established in 2018 by Dr Martin Yelling and incorporated as a charity in 2019 in England and Wales. Dr Yelling, a former teacher, with a PhD in Physical Activity and Behaviour Change and a Post Doc from Loughborough University in Effective Teacher Continued Professional Development is part of a committed, experienced Trustee board and operational core team.

Trustees include: Niall Cluley (Dragonfish Culture change agency director), Paul Sinton-Hewitt CBE (the founder of parkrun), Vassos Alexander (author and BBC/Virgin sports presenter), Katy Healy (NHS Divisional Director), Dr Sarah Price (Consultant Clinical Psychologist and CAMHS Lead), Kelvin Walker (Finance Director for North London Hospice), Alan Morton (management & finance background).

As a registered charity, we develop and deliver mentally healthy movement programmes and services that support and impact children, families, organisations (eg primary schools), communities, and trusted adult networks through our universal, preventative, and targeted programmes and services.

Stormbreak's charitable purposes, as set out in its Constitution, are:

1. To advance education by the provision of programmes and services for the physical and mental health of children and young people.
2. To advance education in the provision of programmes and services for the physical and mental health of children and young people by the undertaking of research and publication of the useful results thereof.



The stormbreak leadership team includes:

Darryl Walsh, former primary school head teacher and experienced school leadership and improvement expert, Victoria Stamp, a children's emotional health and well being specialist nurse, Kate Bone, qualified criminal solicitor and child protection expert, mental health advocate and the lead stormbreak coach.

For full trustee and team info see [here](#).



To find out more about what we do:

[Please read our 2024-2029 Strategy >](#)

[Please watch this short video about our primary school programme >](#)

[Please read a schools insight report >](#)

[Watch our stormbreak Shine video >](#)

[Read our latest annual report >](#)



The Board of Trustees of stormbreak is responsible for the overall governance and strategic direction of Stormbreak, in accordance with applicable law and Charity Commission guidance. The Board is currently made of of 7 Trustees but we want to a broaden our representation and bring valuable new skills and experiences.

The role of Board Trustee or Advisor is an exciting and challenging opportunity within this relatively new and growing charity. We are looking for applicants who have the skills and experience to provide insight, contacts and constructive, positive challenge to our enthusiastic and committed executive team.

In return, we provide Trustee/Advisor training, networking opportunities and a friendly, pro-active and professional environment in which to volunteer.

An interest in education and physical activity is helpful but not essential - we just want you to share our passion to make a difference through the power of movement.

If you feel you can help us, do get in touch. This pack provides further information about the organisation and the role, you can also contact us to discuss. We look forward to hearing from you.



Role description – Board Trustee or Adviser

Title

Trustee or Adviser to stormbreak CIO.

Eligibility

Trustees / Advisers will be appointed following an open, publicly advertised recruitment process.

We are looking for an independent individuals, meaning that person should be free from any close connection to stormbreak and if, from the perspective of an objective outsider, they would be viewed as independent.

The successful candidate will be required to undertake an enhanced DBS check.

Certain categories of person are not eligible to act as a charity trustee, as set out in section 3 of the Charity Commission's document, **The Essential Trustee**.

Remuneration

This is a non-salaried position. Travel and other reasonable expenses will be reimbursed.

Location

Trustee Board meetings will mainly be held virtually but an occasional meeting or strategy day may be held in-person, usually in the South (Dorset/Hampshire or London).

Term

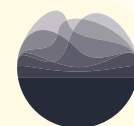
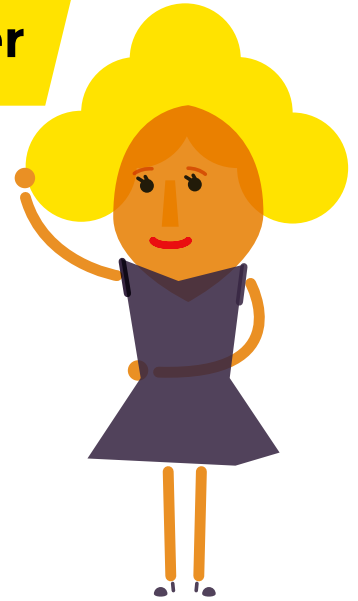
For Trustees three years with the opportunity to be considered for reappointment in accordance with Stormbreak's CIO Constitution. We can be flexible in relation to terms for Advisers.

Time commitment

For Trustees as a minimum, attendance and preparation for:

- An induction training event and designated trustee training events
- Six meetings of the Board of Trustees annually (these are typically virtual meetings with one per year face to face usually held in Dorset/Hampshire or London)
- Participation in committee meetings when these are created
- Other appropriate contributions will be considered and agreed following appointment.

For Advisers we can be more flexible on time commitment



stormbreak®

Trustee duties

The main duties of a charity trustee are:

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (i.e. its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (i.e. the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Advisors

Advisers would support stormbreak based upon their skills and experience and we would explore further what that involves according to the individual and their area of interest.



Person specification may include some/all of the following

- A commitment to the stormbreak’s vision, including an interest in childrens’ wellbeing and/or physical activity
- Ability and willingness to act as an advocate for stormbreak to a broad audience
- Leadership and commitment to drive equality, diversity and inclusion
- A willingness to devote the necessary time and effort
- Strategic vision
- Good, independent judgement
- An ability to think creatively
- A willingness to speak their mind
- An understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship
- An ability to work effectively as a member of a team
- A commitment to Nolan’s seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership



Application process

Stormbreak is committed to being an equal, diverse and inclusive charity accessible for all. The aim is for our workforce, including our board of trustees and advisers, to be truly representative of all sections of society and our stakeholders, and for everyone to feel respected, valued and able to give their best. We encourage applications from people of all backgrounds and communities.

To apply, please send your CV and an accompanying statement (max 2 sides of A4) explaining your interest and motivation in applying and what you believe you can contribute to stormbreak to:

hello@stormbreak.org.uk with the subject header “**Be a trustee or advisor**”.

Closing Date for all applications: 20th January 2025 5pm.

An informal conversation with Dr Martin Yelling, CEO, or one of the current Trustees may also be available on request via this email address. We will do our best to offer this where possible.

