



stormbreak[®]

When the storm rages we teach children to find shelter and create light, calm and change through movement.

What if we could inspire mentally healthy movement to help children become happier, healthier humans, forever?

We believe we can.



Board Trustee (Treasurer) Recruitment October 2022

An invitation

Are you passionate about children's mental and physical health? Do you want to positively shape and impact children's lives and create healthy, happy humans? Do you believe it matters and it matters now?

Stormbreak supports children's mental health through working with trusted adults and children to embed mentally healthy movement every day for every child.

An exciting opportunity has arisen for a new Board Trustee (Treasurer) with stormbreak CIO, a registered charity in England and Wales (No 1182771) that aims to improve children's mental health through movement, equipping them with sustainable, transferable skills and coping strategies to thrive during the complex demands of growth into adult life.

We are looking for an individual to join our Board who has some or all of the following and is able to take on the role of Board Trustee with Treasurer responsibilities:

- Financial qualifications and experience
- Some experience of charity finance and accounting
- The skills to analyse proposals and examine their financial consequences
- Being prepared to make unpopular recommendations to the board
- A willingness to be available to staff for advice and enquiries on an ad hoc basis
- Well networked with reach and voice across relevant contacts, and capable and willing to use influence to benefit stormbreak
- Experience of strategic and business review and planning

At stormbreak, we work together to provide preventative, accessible programmes and services that support organisations, communities, trusted adults and the children in their care to embed mentally healthy movement every day, for every child and in doing so improve children's lives.

And we need help.

For more details of the role, please visit www.stormbreak.org.uk/trustee to view our Board Trustee Information Pack.

Stormbreak is committed to being an equal, diverse and inclusive charity accessible for all. The aim is for our workforce, including our board of trustees, to be truly representative of all sections of society and our stakeholders, and for everyone to feel respected, valued and able to give their best. We encourage applications from people of all backgrounds and communities.

How to apply

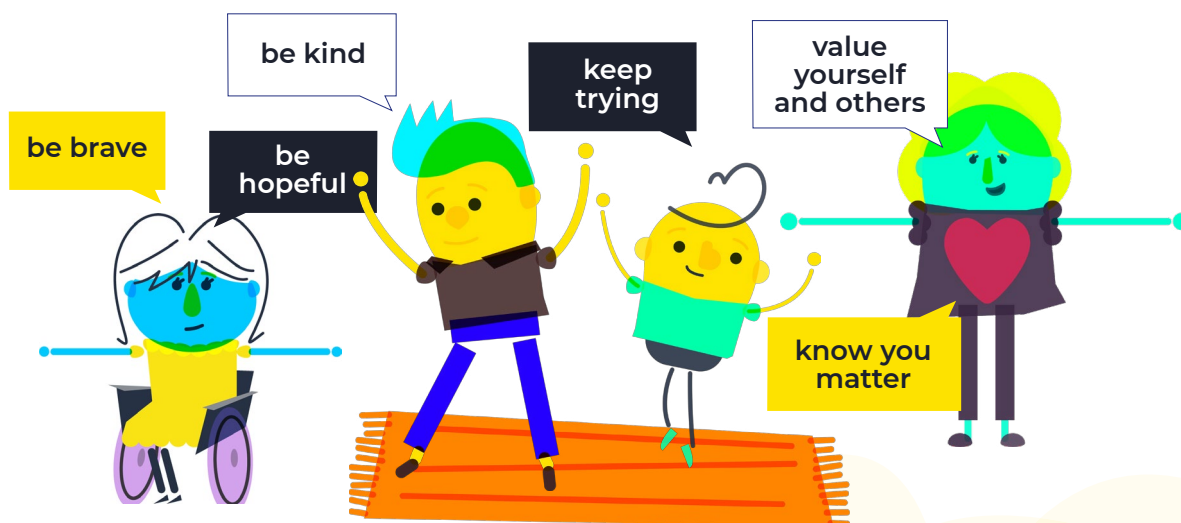
Please send your CV and an accompanying statement (max 2 sides of A4) explaining your interest and motivation in applying and what you believe you can contribute to stormbreak to hello@stormbreak.org.uk with the subject header "Be a trustee".

An informal conversation with Dr Martin Yelling, CEO, or one of the Trustees is also available on request via this email address.

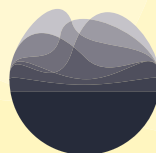
Closing Date for all applications: Monday 5th December 2022 5pm

Virtual Interview dates: Week beginning - 12th December 2022

Take a step to better mental & physical health



stormbreak.org.uk



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Board Trustee (Treasurer) Recruitment Info Pack

Introduction to stormbreak (www.stormbreak.org.uk)

Thank you for your interest in becoming a Board Trustee of stormbreak, a charity registered in England and Wales (No 1182771) that supports children's mental health through working with trusted adults and children to embed mentally healthy movement every day for every child.

As a registered charity, we develop and deliver mentally healthy movement programmes and services that support and impact children, families, organisations (eg primary schools), communities, and trusted adult networks through our universal, preventative, and targeted programmes and services.

Stormbreak's vision is:

to embed mentally healthy movement programmes and services that reach and help every child requiring support at a preventative level through education, health and social sectors.

and

to support trusted adults that live with, work with, care for and support children recognise, respond and regulate their mental health through movement now and in the future.

Stormbreak was established in 2018 by Dr Martin Yelling and incorporated as a charity in 2019 in England and Wales. Dr Yelling, a former teacher, with a PhD in Physical Activity and Behaviour Change and a Post Doc from Loughborough University in Effective Teacher Continued Professional Development is part of a committed, experienced Trustee board and operational core team.

Trustees include Paul Sinton-Hewitt CBE (the founder of parkrun), Vassos Alexander (author and BBC/Virgin sports presenter), Drew Mellor (Leader of Bournemouth, Christchurch, Poole Council) and Niall Cluley (Dragonfish Culture change agency director).

For full trustee and team info see [here](#).

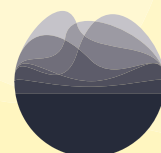
Stormbreak's charitable purposes, as set out in its Constitution, are:

1. To advance education by the provision of programmes and services for the physical and mental health of children and young people.
2. To advance education in the provision of programmes and services for the physical and mental health of children and young people by the undertaking of research and publication of the useful results thereof.



The stormbreak core operational team includes

Darryl Walsh, former primary school head teacher and experienced school leadership and improvement expert, Victoria Stamp, a children's emotional health and well being specialist nurse, Kate Bone, qualified criminal solicitor and child protection expert, mental health advocate and the lead stormbreak coach. Dr Victoria Randell, physical education teacher and recent fellow and head of Knowledge Exchange at the University of Winchester.



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To learn more about what we do:

Here is school testimonial **short video**.

This **infographic** shares some programme insight.

Please watch one of our concept animations.



Relationships

Stormbreak in action examples:



**Self-care
Pebble meditation**



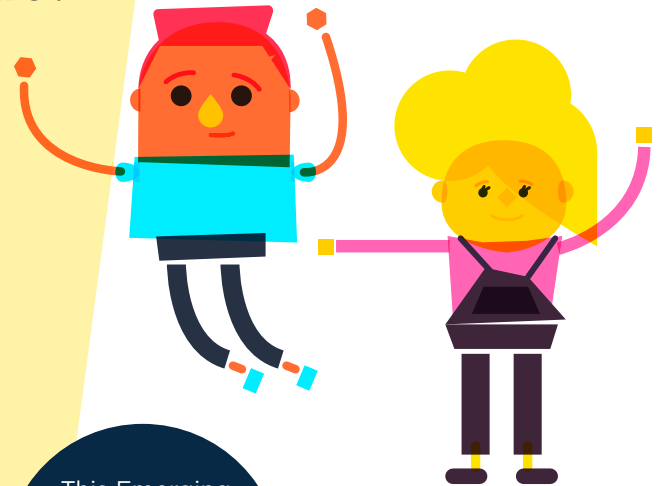
**Self-worth
Rockstars**

Please watch our stormbreak coach **Kate talk about stormbreak**, and our CEO talking about stormbreak for **BBC Children in Need**.

Please view our latest **Year in Review** 2020-2021.

You can read more about our future strategy **here**.

You can read our latest published Annual Report **here**.



This **Emerging insight report** - looks at early impact of stormbreak in schools.

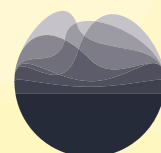
The Board of Trustees of stormbreak is responsible for the overall governance and strategic direction of Stormbreak, in accordance with applicable law and Charity Commission guidance. The Board is currently made up of 7 Trustees with our current Treasurer Trustee stepping down shortly.

The role of Board Trustee is an exciting and challenging opportunity within this relatively new and growing charity. We are looking for applicants who have the skills and experience to provide insight, contacts and constructive, positive challenge to our enthusiastic and committed executive team.

In return, we provide trustee training, networking opportunities and a friendly, pro-active and professional environment in which to volunteer.

An interest in education and physical activity is helpful but not essential - we just want you to share our passion to make a difference through the power of movement.

If you feel you can help us, do get in touch. This pack provides further information about the organisation and the role, you can also contact us to discuss. We look forward to hearing from you.



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Role description – Board Trustee (Treasurer)

Title

Trustee of Stormbreak CIO, with the responsibility of Treasurer

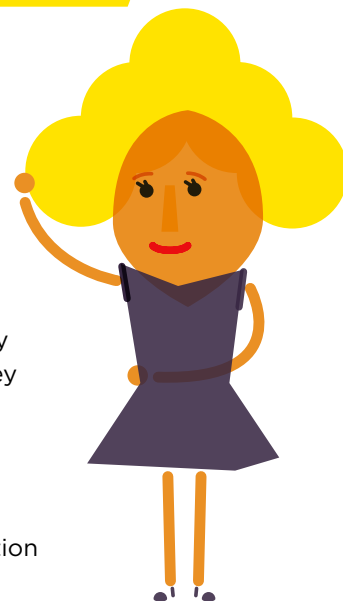
Eligibility

Trustees will be appointed following an open, publicly advertised recruitment process.

We are looking for an independent trustee, meaning that person should be free from any close connection to stormbreak and if, from the perspective of an objective outsider, they would be viewed as independent.

The successful candidate will be required to undertake an enhanced DBS check.

Certain categories of person are not eligible to act as a charity trustee, as set out in section 3 of the Charity Commission's document, **The Essential Trustee**.



Remuneration

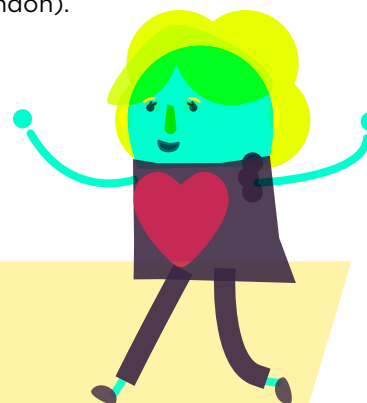
This is a non-salaried position. Travel and other reasonable expenses will be reimbursed.

Location

Trustee Board meetings will mainly be held virtually but an occasional meeting or strategy day may be held in-person, usually in the South (Dorset / Hampshire or London).

Term

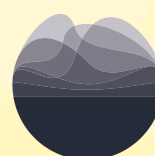
Three years with the opportunity to be considered for reappointment in accordance with Stormbreak's CIO Constitution.



Time commitment

As a minimum, attendance and preparation for:

- An induction training event and designated trustee training events
- Six meetings of the Board of Trustees annually (these are typically virtual meetings with one per year face to face usually held in Dorset/Hampshire or London)
- Participation in committee meetings (e.g. Nominations or Risk) when these are created
- Other appropriate contributions will be considered and agreed following appointment.



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Trustee duties

The main duties of a charity trustee are:

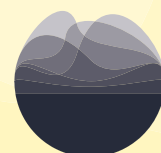
- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (i.e. its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (i.e. the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Treasurer role

In addition to the general responsibilities of a trustee, duties of the treasurer include the following:

- Overseeing, approving and presenting budgets, accounts and financial statements
- Being assured that the financial resources of the organisation meet its present and future needs
- Ensuring that the charity has an appropriate reserves policy
- Preparing and presenting financial reports to the board
- Ensuring that appropriate accounting procedures and controls are in place
- Liaising with any paid staff and volunteers about financial matters
- Advising on the financial implications of the organisation's strategic plans
- Ensuring that the charity has an appropriate investment policy
- Ensuring that there is no conflict between any investment held and the aims and objects of the charity
- Monitoring the organisation's investment activity and ensuring it is consistent with the organisation's policies and legal responsibilities
- Ensuring that the accounts are prepared and disclosed in the form required by funders and the relevant statutory bodies, for example the Charity Commission
- If external scrutiny of accounts is required, ensuring that the accounts are scrutinised in the manner required (independent examination or audit) and any recommendations are implemented
- Keeping the board informed about its financial duties and responsibilities
- Making a formal presentation of the accounts at the annual general meeting and drawing attention to important points in a coherent and easily understandable way
- Sitting on remuneration, appraisal, or disciplinary committees and panels as required



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Person specification

- A commitment to the stormbreak's vision, including an interest in childrens' wellbeing and/or physical activity
- Ability and willingness to act as an advocate for stormbreak to a broad audience
- Leadership and commitment to drive equality, diversity and inclusion
- A willingness to devote the necessary time and effort
- Strategic vision
- Good, independent judgement
- An ability to think creatively
- A willingness to speak their mind
- An understanding and acceptance of the legal duties, responsibilities and liabilities of trusteeship
- An ability to work effectively as a member of a team
- A commitment to Nolan's seven principles of public life: selflessness, integrity, objectivity, accountability, openness, honesty and leadership

In addition for the Treasurer role:

- Financial qualifications and experience
- Some experience of charity finance and accounting
- The skills to analyse proposals and examine their financial consequences
- Being prepared to make unpopular recommendations to the board
- A willingness to be available to staff for advice and enquiries on an ad hoc basis
- Well networked with reach and voice across relevant contacts, and capable and willing to use influence to benefit stormbreak
- Experience of strategic and business review and planning

Application process

Stormbreak is committed to being an equal, diverse and inclusive charity accessible for all. The aim is for our workforce, including our board of trustees, to be truly representative of all sections of society and our stakeholders, and for everyone to feel respected, valued and able to give their best. We encourage applications from people of all backgrounds and communities.

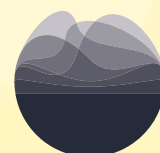
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